INCEPTION & PURPOSE OF SIG

The Sex-Med SIG was formed in August 2019 with the vision and auspice of our President, Dr Jaideep Malhotra.

The purpose of this SIG is to support fertility specialists with identifying and managing common sexual problems as part of comprehensive fertility care.

The SIG is committed to develop practical tools, facts sheets and offer continuing professional development for the members of ISAR.

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SEXUAL MEDICINE

ISAR Special Interest Group

NOVEMBER 2019

Sexual Medicine

Is the branch of medicine concerned with human sexuality and its disorders/dysfunctions.

Sexual Medicine attempts to improve sexual health through the prevention, diagnosis, treatment and rehabilitation of conditions or diseases involving sexual function, sexual behaviour, gender identity and sexual trauma.

Sexual medicine takes into account the individual and couple dimension, as well as the knowledge and methods of medical, psychological and social sciences. It recognises that many of the conditions or disorders may be caused by other medical conditions and/or their treatment.

[Source: Syllabus of Clinical Sexology - European Society of Sexual Medicine & European Federation of Sexology]

SEXUAL PROBLEM: CAUSE & CONSEQUENCE OF SUBFERTILITY

Reproduction has been recognised as one of many aspects of human sexuality across the globe. The broader definition of sexual function is the ability to experience sexual pleasure and satisfaction when desired.

Strictly within the context of reproduction in a heterosexual couple, healthy sexual function is regarded as the ability to perform the act of sexual intercourse that facilitates natural conception. Therefore, variations in sexual functioning and associated sexual dysfunctions could lead to sub-fertility. On the other hand, sub-fertility and its treatment could precipitate and/or perpetuate sexual problems in an individual or couple.