



Indian Society for  
Assisted Reproduction

# ISAR 2023 BHOPAL

## 27<sup>th</sup> Annual Conference of INDIAN SOCIETY FOR ASSISTED REPRODUCTION

3<sup>rd</sup> - 5<sup>th</sup> February 2023

VENUE: RAVINDRA BHAWAN  
CONVENTION CENTRE, BHOPAL



ART -  
WHAT'S DIFFERENT,  
WHAT'S NEW!!



# WELCOME MESSAGE

Dear Friends & Colleagues,

Greetings from the organizing team of ISAR 2023!

It is matter of great pleasure for us to be bestowed with the honour to hold the **27<sup>th</sup> Annual Conference of Indian Society of Assisted Reproduction** scheduled to be held from **3<sup>rd</sup> to 5<sup>th</sup> February 2023** at Bhopal, Madhya Pradesh.

It is our pleasure to invite Obstetricians and Gynecologists from all over India to attend this mega event. The scientific program would be curated to comprehensively share an insight into the recent research, advancement, and cutting edge technologies.

This conference plans to bring together brighter minds to give deliberations that are subject-focused on learning, inspiration on future trends.

Bhopal is one of India's greenest cities. There are two main lakes, the Upper Lake and the Lower Lake. On the banks of the Upper Lake is Van Vihar National Park, home to tigers, lions and leopards. The State Museum has fossils, paintings and rare Jain sculptures. Taj-ul-Masjid is one of Asia's largest mosques, with white domes, minarets and a huge courtyard.

So come, bring your family, and grace us with your presence at **ISAR 2023 Bhopal**. We promise to be the best host ever !

The academic content will be at par with international standards as we are preparing a scientific extravaganza for all delegates.

Please block your dates from **3<sup>rd</sup> to 5<sup>th</sup> February 2023**.

Let's meet at Bhopal !

Thanks & Regards

Team ISAR 2023 Bhopal



**Dr. Nandita Palshetkar**  
*President, ISAR*



**Dr. Sujata Kar**  
*Hon. Secretary General, ISAR*



**Dr. Randhir Singh**  
*Organizing Chairperson*

## PRE CONFERENCE WORKSHOPS: 3<sup>rd</sup> FEB 2023

Live Operative Hystero - Laparoscopy

Nuances of Ovarian Stimulation

ART Imaging

ART -Whats Different, Whats New

Advanced Embryology Concepts

Hands on Simulated OPU & ET

Optimising IUI

Understanding Andrology

ART Law 2022 & Beyond

CryoBiology

## SCIENTIFIC HIGHLIGHTS : 4<sup>th</sup> & 5<sup>th</sup> FEB 2023

### The Clinical Road to Success

Pre ART Evaluation - Back to Basics

AMH in ART - Current Scenario

All about Ovarian Stimulation

Progesterone Only Down Regulation for IVF

Selecting the Best Trigger

Technical Aspects of Oocyte Retrieval

Luteal Phase Support : What Is Enough ?

Endometrium & ART : How Thin Is Too Thin

Seed or Soil..What went wrong ?

Evidence Based Use Of Adjuvants

Isthmocolle - Overrated or Underdiagnosed

Fertility preservation : Social vs Indicated

Establishing an IUI Unit – Learning from Experts

Surrogacy - The Road Ahead.

Advances in ART - Consensus and Controversies

### Endoscopy & USG : Lights, Camera, Action

Know your USG Machine & Knobology

Dopplers and 3 D / 4 D

Imaging congenital anomalies

Optimising Scanning in ART

Track the follicle

Endometrial assesment - A game changer

3 D USG or Hysteroscopy. Choose the best.

Journey of Hysteroscope: From Cervix to Fundus

Ovarian Rejuvenation - Evidence only !

Fibroid mapping for better outcome

Enigma of Genital Tuberculosis

Endometriosis - Stump the experts

Fertility Enhancing Endoscopic Surgeries

Robotics In ART

ART Pregnancies - Are they Different ?

# SCIENTIFIC HIGHLIGHTS : 4<sup>th</sup> & 5<sup>th</sup> FEB 2023

## IVF Lab : The HeART of ART

Lab Set up - Do's & Don't's

Incubators - All That You Need To Know

Sequential Culture - Is It Time To Do What Is Right ?

Know your Lab KPI's

Time Lapse - Is It The future ?

Microfluidics and AI

Batch IVF vs Everyday IVF

Freezing in ART and Neonatal Outcome

Oocyte Freezing – Secrets For Best Results

Trouble Shooting in an ART Lab

Patient Selection for Cleavage vs Blastocyst Transfer

Overview of PGT-A & PGT-M

Handling Difficult Embryo Biopsies

AI to AAI (Affordable AI) Where Do We Stand ?

## Andro Talk : Understanding Male Factor Better

Genetic Testing In Male Subfertility Work Up

Semen Analysis: Is There A Need For The 6th Edition?

Azoospermia - All That You Need To Know

OATS - Current Concepts

Update on Micro TESE

DNA fragmentation - Whats More To Know

Varicocoele - Do We Need To Intervene ?

Nutraceuticals Or Just A Placebo ?

Selecting The Best Sperm For IVF ICSI

Epigenetics In Male Infertility

Testicular Sperm Freezing vs Sperm Vitrification

Setting up a Cryo Biology Lab

Sperm Banking - Current Guidelines

Automation In Andrology Lab - Is It Useful ?

## ORATIONS

ISAR Late Dr. M N Parikh Founder  
President Oration

ISAR Dr Rishma Dhillon Pai and  
Hrishikesh Pai Oration

Dr. Nandita Palshetkar Oration

Dr. Jaideep Malhotra Yuva Oration

## AWARDS

ISAR Late Dr Prabha Malhotra Memorial  
Life Time Achievement

ISAR Dr Duru Shah Life Time achievement

ISAR Dr Gautam Khastgir Life Time Achievement

## PRIZES

ISAR Late Dr Pravin Patel Prize for best Oral Presentation (Clinician)

ISAR Dr Asha Baxi Prize for best Poster Presentation

ISAR Late Purnima Nadkarni Prize for best Oral Presentation in Embryology

ISAR Dr Asha Rao Prize for best Oral Presentation in Reproductive Endocrinology

# NATIONAL EXECUTIVE COMMITTEE ISAR



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# ORGANISING COMMITTEE ISAR 2023, BHOPAL

## Organising Secretaries



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Chairperson



**Dr. Yatindra Verma**  
Vice Chairperson



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**Dr. Monica Singh**



**Dr. Gajendra S Tomar**

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**Dr. Harshal  
Shah**



**Dr. Atishay  
Jain**

# PLACES TO VISIT IN AND AROUND BHOPAL

## VAN VIHAR NATIONAL PARK



Van Vihar National Park is a national park in Bhopal, the capital city of Madhya Pradesh in central India. Declared a national park in 1979, it covers an area of about 4.45 km. It has the status of a national park, but is developed and managed as a modern zoological park, following the guidelines of the Central Zoo

Authority. Animals are kept in near natural habitats.

## UPPER LAKE AND LOWER LAKE



Bhopal, the capital city of Madhya Pradesh holds an amazing fusion of picturesque beauty and historic artifacts. Also famous as the 'city of Lakes', Bhopal has two stunning lakes namely; Upper Lake and Lower Lake. The two lakes are separated by an over bridge called Pul Pukhta or Lower Lake Bridge. Supplying water to

almost 40% of the residents in Bhopal, these lakes play a vital role in serving the city.

## PACHMARHI HILL STATION



Pachmarhi, one of the hill stations near Bhopal, is located in the Hoshangabad district of Madhya Pradesh in Central India. Situated at an altitude of 1067 m, the plateau is surrounded by the mighty Satpura range of mountains and is known as "Satpura Ki Rani".

## KHAJURAO TEMPLE



The Khajuraho Group of Monuments are a group of Hindu and Jain temples in Chhatarpur district, Madhya Pradesh, India, about 175 kilometres southeast of Jhansi. They are a UNESCO World Heritage Site. The temples are famous for their nagara-style architectural symbolism and a few

erotic sculptures.

## BHOJPUR SHIV TEMPLE



The Bhojeshwar Temple (IAST: Bhoješvara) is an incomplete Hindu temple in Bhojpur village of Madhya Pradesh, India. Dedicated to Shiva, it houses a 7.5 feet (2.3 m) high lingam in its sanctum. The temple's construction is believed to have started in the 11th century, during

the reign of the Paramara king

Bhoja. The construction was abandoned for unknown reasons, with the architectural plans engraved on the surrounding rocks.

## SAIR SAPATA



Seated along the embankments of the Upper Lake, Sair Sapata is a major entertainment zone and tourist attraction in Bhopal. The complex hosts' various stimulating activities like bike racing, car dashing, boating, forest hiking, and more. It also showcases a beguiling musical fountain, children's play area, a

suspension bridge, and a toy train. Sair Sapata promises unmatched fun and entertainment for all, regardless of age.

## UJJAIN SHIVA TEMPLE



Mahakaleshwar Jyotirlinga is a Hindu temple dedicated to Shiva and is one of the twelve Jyotirlingams, shrines which are said to be the most sacred abodes of Shiva. It is located in the ancient city of Ujjain in the state of Madhya Pradesh, India. The temple is situated on the side of

the holy river Shipra.

## SANCHI STUPA



Sanchi is a Buddhist complex, famous for its Great Stupa, on a hilltop at Sanchi Town in Raisen District of the State of Madhya Pradesh, India. It is located, about 23 kilometres from Raisen town, district headquarter and 46 kilometres (29 mi) north-east of Bhopal, capital of Madhya Pradesh.



**For Accommodation Contact:**  
**Shivam Arora +91 9958659003**



**TAJ LAKEFRONT**



**JEHAN NUMA PALACE**



**NOOR-US-SABAH PALACE**



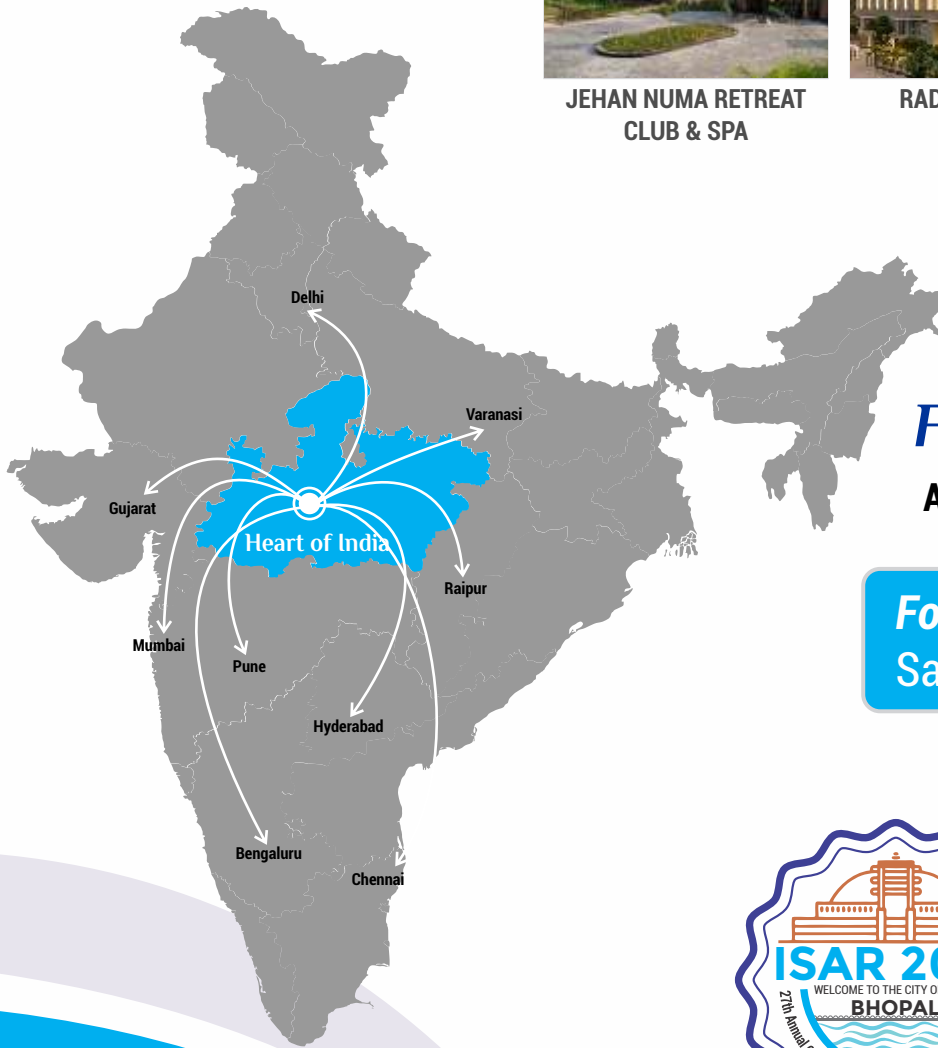
**JEHAN NUMA RETREAT  
CLUB & SPA**



**RADISSON HOTEL**



**THE RESIDENCY**



## **Flight Connectivity**

**Airport to Venue: 12.5 KM approx**

**For Tours & Travel Contact:**  
**Sanchita +91 9821379003**



### **Conference Secretariat:**

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