



INCEPTION & PURPOSE OF SIG

The Sex-Med SIG was formed in August 2019 with the vision and auspice of our President, Dr Jaideep Malhotra.

The purpose of this SIG is to support fertility specialists with identifying and managing common sexual problems as part of comprehensive fertility care.

The SIG is committed to develop practical tools, facts sheets and offer continuing professional development for the members of ISAR.

CONTACT

FACEBOOK: [ISAR_SexMed SIG](#)
E: isarsexmed@gmail.com

MEMBERS

Dr Vijayasarithi Ramanathan
Consultant Sexual Medicine
Lecturer in Sexology
The University of Sydney, Australia

Dr Kavitha Gautham
Consultant Reproductive Medicine
Bloom Fertility & Healthcare, Chennai

Dr Yuvraj Jadeja
Consultant Reproductive Medicine
Akanksha Hospital & Research Inst.,
Karamsad Medical College, Mumbai

Dr Lipika Moharana
Fellow – Reproductive Medicine
Odisha

SEXUAL MEDICINE

ISAR Special Interest Group

NOVEMBER 2019

Sexual Medicine

*Is the branch of medicine concerned with **human sexuality** and its disorders/dysfunctions.*

*Sexual Medicine attempts to improve sexual health through the **prevention, diagnosis, treatment and rehabilitation** of conditions or diseases involving **sexual function, sexual behaviour, gender identity and sexual trauma**.*

*Sexual medicine takes into account the **individual and couple** dimension, as well as the knowledge and methods of **medical, psychological and social sciences**. It recognises that many of the conditions or disorders may be caused by other medical conditions and/or their treatment.*

[Source: Syllabus of Clinical Sexology - European Society of Sexual Medicine & European Federation of Sexology]

SEXUAL PROBLEM: CAUSE & CONSEQUENCE OF SUBFERTILITY

Reproduction has been recognised as one of many aspects of human sexuality across the globe. The broader definition of sexual function is the ability to experience sexual pleasure and satisfaction when desired.

Strictly within the context of reproduction in a heterosexual couple, healthy sexual function is regarded as the ability to perform the act of sexual intercourse that facilitates natural conception. Therefore, variations in sexual functioning and associated sexual dysfunctions could lead to sub-fertility. On the other hand, sub-fertility and its treatment could precipitate and/or perpetuate sexual problems in an individual or couple.